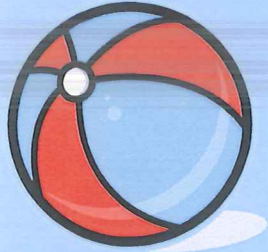


Lifeguard Course @ VCSU



Friday, April 1

4pm-10pm

Saturday, April 2

8am-8pm*

Sunday, April 3

8am-8pm*

*Weekend class times will be decided by instructor and class on first day



Must be 15 years old by end of class. Must attend all classes.

Must pass pre-test consisting of : Swimming 500 yards (front crawl-200 yards, breaststroke-100 yards, your choice-200 yards) and a surface dive to retrieve 10-lb brick, return to surface.



Contact Kris at 701-845-7122 or kristin.mueller@vcsu.edu to enroll.

Cost is \$160 (includes manuals) with a \$50 deposit due by March 18