



PIPESTEM CREEK TRAIL RUN

At the Pipestem Creek Trail located 4 miles North of Jamestown on Highway 281 next to the Pipestem Dam

Saturday, August 15, 2009

Registration:	Starting at 8 am
8 mile Run:	9:00 am (1 lap – 8 miles)
3 mile Run:	9:05 am (Outside Loop - 3 miles)
3 mile Walk:	9:10 am (Outside Loop – 3 miles)

Run/Walk FEES

\$10 – Kids \$15 – Adults

If registering for both the
Pipestem Creek Trail run & Gear Grinder MTB Race,
Race fee for both is:
\$15 – Kids \$35 – Adults

Registration includes a Gear Grinder/Trail Run T-shirt!

**AGE CLASSES (MALE & FEMALE DIVISIONS IN EACH RUN)
CLASSES: 14 & UNDER, 15-18, 19-29, 30-39, 40-49, 50 & ABOVE**

AWARDS FOR COMBINED RUNNING AND MTB RACERS
(GEAR GRINDER MTB RACE HELD ON SUNDAY, AUG 16TH)

**A signed release form is required for all participants.
Racers who are not 18 will require a parent's signature.**

For more information call ~ **Jamestown Park & Recreation Office: 701-252-3982**

MAKE CHECKS PAYABLE TO: Jamestown Parks & Recreation
You may pre-register by mailing a signed release & check to: 1002 2nd Ave SE; Jamestown, ND 58401

JAMESTOWN Parks and Recreation
Pipestem Creek Trail Run/Walk RELEASE - August 15, 2009

I ACKNOWLEDGE THAT BY SIGNING THIS DOCUMENT I AM RELEASING THE JAMESTOWN PARKS AND RECREATION Pipestem Creek Trail Run/Walk, ITS MEMBERS AND OTHERS (Hereafter referred to as: "THE RELEASED PARTIES") FROM LIABILITY. THIS ENTRY BLANK IS A CONTRACT WITH LEGAL CONSEQUENCES. I HAVE BEEN ADVISED TO READ IT CAREFULLY BEFORE SIGNING.

I fully realize the dangers of participating in a race and fully assume the risks associated with participation including, by way of example, and not limited to the following: the dangers of a collision with pedestrians, other racers, fixed or moving objects; the dangers arising from surface hazards, equipment failure, inadequate safety material, the Released Parties' own negligence and weather conditions; and the possibility of serious physical injury associated with trail running. I must continually race so as to neither endanger others or myself. I accept responsibility for the condition and adequacy of my equipment.

I hereby waive, release, discharge, hold harmless, promise not to sue and further do hereby indemnify the Released Parties from any and all rights and claims including the Released Parties' own negligence, which I have or which may hereafter accrue to me and from any and all damages which may be sustained by me directly or indirectly in connection with, or arising out of, my participation in or associated with the Jamestown Parks and Recreation Pipestem Creek Trail Run/Walk..

Name (print): _____ **Race Day Age:** _____

Address: _____ **Phone:** _____

City: _____ **State:** _____ **Zip:** _____

RACE: (circle) **Kids Race - \$10.00** **Adult Race - \$15.00**

Who to notify in case of emergency: _____

Phone: _____

Signature: _____ **Date** _____

CONSENT AND RELEASE OF PARENT OR GUARDIAN (Required if under age 18)

I am the parent or guardian of _____ (child). I consent to my child's participation in the Jamestown Parks and Recreation Trail Grinder Running Race. I hereby release and shall defend, indemnify and hold harmless the Released Parties from every claim and any liability that I or my child may allege against the Released Parties as a direct or indirect result of injury to me or my child because of my child's participation in the Jamestown Parks and Recreation Trail Grinder Running Race. I promise not to sue the Released Parties on my behalf or on the behalf of my child regarding any claim arising from my child's participation in the Jamestown Parks and Recreation Trail Grinder Running Race.

Signature of parent/guardian: _____ **Date:** _____